**AMC NH Chapter Gear List for Map & Compass**

* Protractor/orienteering style compass; Suunto and Silva make good models that can be found in reputable outdoor stores or at Amazon.com. (The Suunto M-3 is a particularly good model)
* Good sturdy hiking boots or hiking shoes: no sneakers, sandals, etc.
* Some form of eye protection: safety glasses, sun glasses, prescription glasses, or goggles. Note: goggles may fog and be quite warm during our bushwhacking sessions.
* Magnifying glass, ruler, pencil(s) pen
* Note pad or book for taking notes
* Backpack large enough to carry clothing layers, food, water, and any piece of group gear that you may be asked to carry.
* Gallon sized zip lock bag(s) or map carrying case; Used to keep maps protected from rain or snow.
* Good rain gear; we will be outside come rain or shine
* Some method to protect the contents of your pack from rain or snow. Lining the inside of your pack with a compactor or garbage bag works very well.
* \*\*Become Expert with Map & Compass by Bjorn Kjellstrom. You can get this book at Amazon.com for around $10 - $20. (today 1/28/2018) it is selling for $8.99.
* Lunch for Saturday
* Trail snacks and at least 1 – 2 quarts of water for use in the field when hiking.
* Summer or winter gaiters (optional)
* Trekking or ski poles (optional)
* Synthetic clothing for our hiking sessions. NO COTTON! Note: Cotton is okay for our in lodge learning sessions and one or two of our outdoor activities but when we get ready to do serious hiking you will need synthetic clothing layers. We suggest you have long sleeved shirts and long pants to protect you from cuts and scratches that tree branches can cause. NOTE: We will be bushwhacking so there is the possibility of ripping your clothing so you may not want to use your best outdoor clothing.
* If there were to be considerable ice or snow still present at Cardigan you may need snowshoes or micro spikes. It’s unlikely we will need snowshoes but micro spikes may well be needed. We will inform you before the workshop if these will be necessary.

\*\* It is not necessary for you to have/purchase this book for the workshop but it is highly recommended. Most, if not all, of the material we will cover during the weekend is taken directly from this book. It is an excellent reference book to have in any library.