

Mountain P A S S A G E S

Highlights...

-  Notes From The Chair
Diversity, Equity and Inclusion..... 1
-  Bike Leaders Needed!..... 1
-  Galapagos Islands
Presentation..... 3
January 19, 2017
-  Save The Date!
2017 Fall Gathering..... 3
October 13-15, 2017
-  51st Annual Presidential
Range Hike..... 4
July 15-23, 2017
-  Conservation Corner..... 7

UPCOMING EVENTS

**51st Annual Presidential
Range Hike**

Avalanche Awareness Course

SEE PAGES 4 & 6

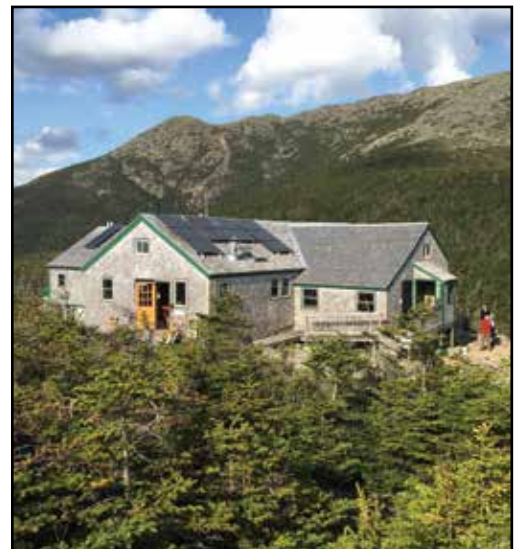


Notes From The Chair Diversity, Equity and Inclusion

BILL WARREN

The AMC is an organization for everyone. Our goal is to help people of all backgrounds get outdoors to help in the conservation, protection and stewardship of the natural world. All the AMC facilities and programs, whether offered by the Club or by the Chapters are open and available to the public irrespective of membership status. New Hampshire activity leaders often say that the only people with me today were hikers. We remain committed to serving and being part of a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, sexual orientation or socioeconomic status.

We want people to come join us in our



NOTES FROM THE CHAIR, TO PAGE 2 

OUR MISSION

The Appalachian Mountain Club is the nation's oldest outdoor recreation and conservation organization, and promotes the protection, enjoyment, and understanding of the mountains, forests, waters and trails of the Appalachian region. AMC has more than 100,000 members, 16,000 volunteers, 450 full-time and seasonal staff. The New Hampshire Chapter is the second largest of the 12 Chapters within the Club.

VOLUME 43, NUMBER 1
JANUARY-FEBRUARY 2017

Bike Leaders Needed!



Are you cycling in your local area on a regular basis during the warmer months? Would you like to share your cycling enthusiasm with others? Have you considered volunteering as an AMC NH Chapter Bike Leader?

The AMC NH Chapter Bike Committee has been in existence now for a few years, offering cycling opportunities for the community. Unlike other AMC committees, the Bike Committee has learned that cyclists tend to be interested in riding in their local area and will not often drive

BIKE LEADERS, TO PAGE 5 

**NOTES FROM THE CHAIR,
FROM PAGE 1**

beautiful New Hampshire playground. We generally offer over 400 volunteer lead activities each year including biking, skiing, mountaineering, paddling,

**WELCOME
TO THE AMC!**

hiking, as well as volunteer work activities. These activities are offered and supported by highly trained volunteer leaders who want to ensure a fun, safe day outdoors with the hope you come back for more. I have seen many new friendships develop from these days outdoors, and as a leader, I have benefited from this as I have a wealth of new friends.

The AMC benefits from people of all backgrounds participating. The more we have join us outdoors to enjoy the

beauty through clean air, clean water and open spaces, the more advocates we have helping us protect the environment and the places we love. We have a better chance of being successful working together. We need your inspiration to help us protect the natural world, and we need your efforts of passing along the need to protect our Northeast playground to your family, friends and communities. The more diverse we are the greater impact our message will have.

The commitment to maintaining a culture of diversity and inclusion goes all the way to the top. The Board of Directors of the AMC is truly faithful to ensuring this organization is open and welcoming to all. Wouldn't you want to be a member of an organization like this? If you are already a member, thank you for supporting the mission of the AMC. If you are not currently a member, come play with us and

enjoy all that we do. You might consider becoming a member, once you get to know us.

As we start the New Year,

let me, on behalf of everyone in the NH Chapter and the Club say, "Welcome to the AMC!"

Intro to Lite Backcountry Skiing

Come and join us for this intro class to BC skiing!

Mondays, 6.30pm
Telemark and AT skis with skins
Simon and Valerio

Wednesdays, 6.30pm
XC skis with scales or waxable
Erik and Valerio

Storrs Hill, Lebanon, NH
6 Classes, 6.30pm, Starting January 16th, 2017

For more information and to sign up, email : valerio.viti@gmail.com, <https://goo.gl/PDkQni>

— MORE UPCOMING EVENTS —

51st Annual Presidential Range Hike

Avalanche Awareness Course

SEE PAGES 4 & 6

Advertise Here to Reach 10,000 Environmentally Active Outdoor Enthusiasts

| ISSUE | DEADLINE | AD SIZE | PRICE (per issue) |
|----------|------------|---|-----------------------|
| Jan/Feb | December 1 | 1/8 page | 3.5" w x 2.5" h \$100 |
| Mar/Apr | February 1 | 1/4 page | 3.5" w x 5" h \$160 |
| May/June | April 1 | 1/2 page | 7.5" w x 5" h \$250 |
| July/Aug | June 1 | 20% Discount for advertising in six consecutive issues, with prepayment | |
| Sep/Oct | August 1 | | |
| Nov/Dec | October 1 | | |

For questions, or to submit ad: Advertising@amc-nh.org
Please send ads as color PDF or jpeg high-resolution files, at correct size. Ads will appear in color in on-line version and black and white in print version.

Mail check for advertising to:
Appalachian Mountain Club
c/o Ron Janowitz, 88 W Haven Rd., Manchester, NH 03104

We reserve the right to refuse ads that are not related to the mission of AMC. We do not provide proofs and accept no liability for errors beyond the cost of the ad.

MOUNTAIN PASSAGES

Volume 43, No. 1
January/February 2017

Mountain Passages is published six times a year by the New Hampshire Chapter of the Appalachian Mountain Club.

Submissions. Members may submit articles or photos (hi-res jpegs) to newsletter@amc-nh.org. Articles may be edited at the discretion of the editor to meet space and style requirements. Publication is on a space-available basis. While Mountain Passages does not pay for submissions; a byline or photo credit is given. Contact Mountain Passages for reprint permission.

Advertising. The AMC NH Chapter members enjoy the outdoors year-round by hiking, paddling, skiing, backpacking, climbing and biking and more.

For information and the Ad Rate Sheet, send an email to newsletter@amc-nh.org.

We reserve the right to refuse any submission, photo or advertising that is not consistent with the mission of the AMC.

Address Changes. Address changes or other changes to your membership must be made through AMC Member Services at 5 Joy St. Boston, MA 02108; 800-372-1758; outdoors.org/membercenter

Please note: Member address updates cannot be handled by AMC-NH officers, committee chairs, or the newsletter editor.

Mountain Passages Online. If you're receiving Mountain Passages through the mail, please consider signing up to get the electronic version instead.

You'll get added resources not available to print subscribers: direct links to emails, forms and online information, color photos, online registration forms.

To sign up, go to www.outdoors.org/membercenter and set your AMC-NH Chapter newsletter preference to online.

Editor: Brett J. Billings
[bretjbillings\(at\)gmail.com](mailto:bretjbillings(at)gmail.com)

Graphic Design: Jessica Clifford,
Graphic Designer, Artist & Photographer.
[jess.amcnews\(at\)gmail.com](mailto:jess.amcnews(at)gmail.com)

Thursday, January 19, 2017

Galapagos Islands Presentation

TERRI WILSON

What is a Blue Footed Booby? Is that for real? Please join us at the Concord Library January 19 at 6:00 p.m. We have a slide show presented by Larry Yetter and his wife,

Bonnie, on the Galapagos Islands and Machu Picchu. Larry will show slides of the infamous Blue Footed Booby, other colorful birds and unique wildlife of the region.

Larry and Bonnie have lived in Australia, Europe and Asia and have traveled to all

seven continents, exploring nature and all that the world has to offer. Recently they have visited Ecuador and Peru. Larry is an active AMC NH Chapter trip leader and has completed several of the New England hiking lists. Larry started hiking as a Boy Scout at which

time he attended the World Jamboree in Norway. This ignited his interest in travel and photography.

We hope you will join us as Larry and Bonnie share this memorable trip.

MARK YOUR CALENDARS

Save The Date!
OCTOBER 13-15 2017



**NEW HAMPSHIRE
CHAPTER**

YOUR CONNECTION TO THE OUTDOORS



The NH Chapter will be hosting the
2017 Fall Gathering



You are in for a good time!

Registration Begins July 1, 2017

Saturday-Sunday, July 15-23, 2017

51st Annual Presidential Range Hike

Hike over 50 mi. of scenic trails in the WMNF including many on the Appalachian Trail. Climb at least a dozen peaks over 4000 ft. including Mt. Washington.

A STRENUOUS AND WONDERFUL GROUP HIKE with 15,000 ft. elevation gain! Daily hikes 5-10 mi. Four NH Chapter Leaders and maximum 21 hikers. Variety of hiking options each day.

\$940 (\$990 non-members), includes 8 nights lodging and meals at AMC huts, gratuities, trail snacks, and

in-hike transportation. Go to the PRH website at <http://www.amcnhprh.org/> for more details. Deposit: \$470 (\$25 non refund). Register early! For more information and application, contact John McHugh at 603-382-6685 or ljmchugh@comcast.net





Mt. Washington Valley Economic Council

Proudly presents

TechVillage



Phase II at the Tech Village is ready!

- 81 acres of land
- Four lots have water, sewer and power
- The access road has been completed
- Will build to suit (see representative building)
- Land development incentives and financing assistance may be available

<http://www.thetechvillage.com>

THE MT. WASHINGTON VALLEY ECONOMIC COUNCIL can help you through its

Revolving Loan Fund and Grants

- Start a business
- Expand your business
- Increase, create or stabilize your quality, full time, year round employment opportunities

Business Education Programs

- Boot Camp Business Training Sessions
- Eggs & Issues Business Leaders' breakfasts
- FREE business counseling through SCORE



How can we help you in 2016?

Give us a call!
603.447.6622

MWV Economic Council
53 Technology Lane
Suite 100
Conway, NH 03818
www.mwvec.com



BIKE LEADERS, FROM PAGE 1

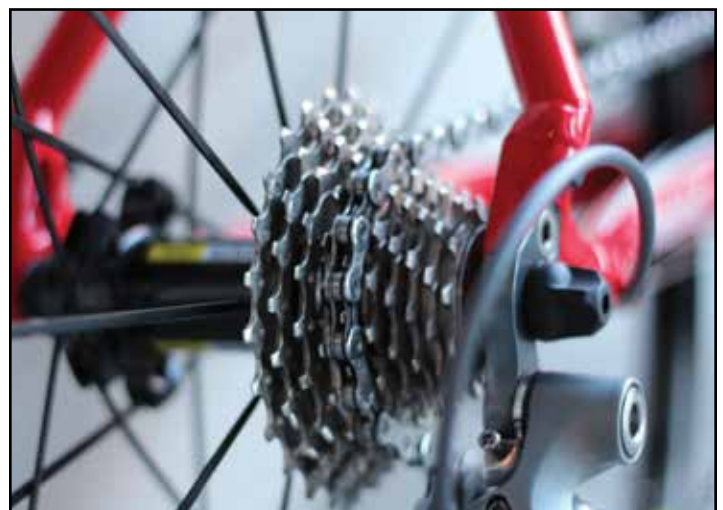
long distances to participate in organized rides.

We currently have leaders in the Monadnock, Nashua and Seacoast areas of the state but are in need of bike leaders in other areas especially Concord, Manchester and Lakes Region. We are also in need of single track mountain bike leaders in all areas.

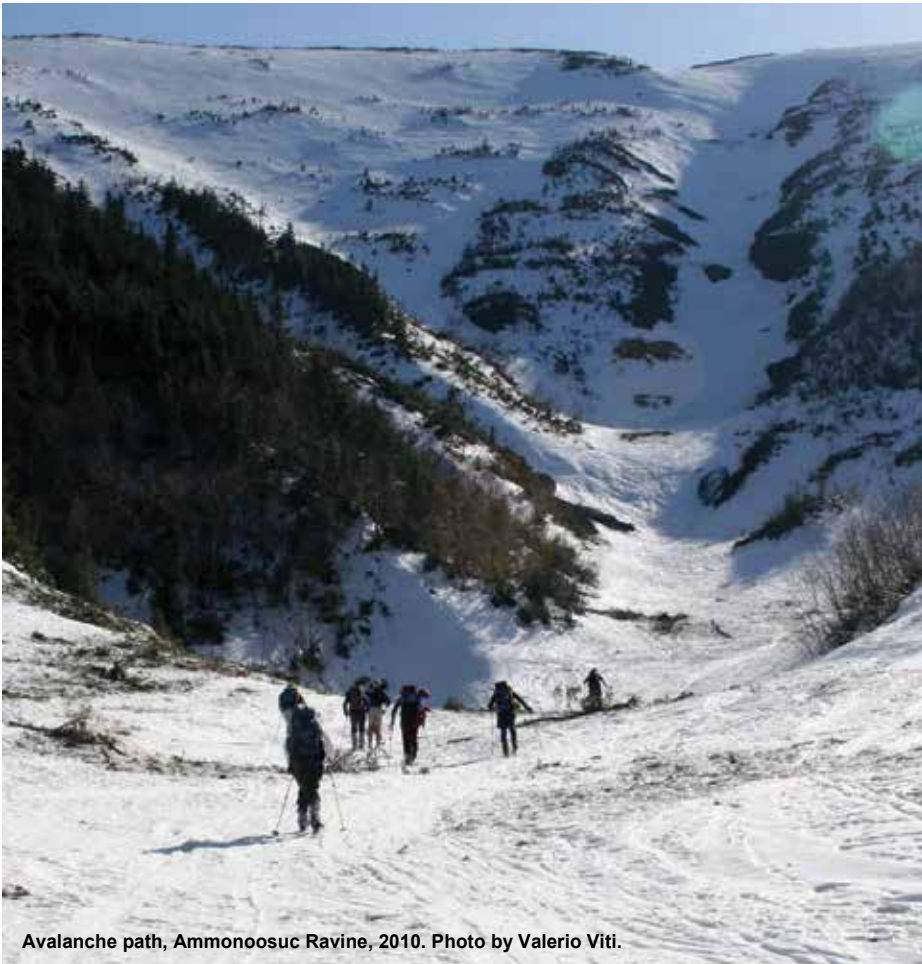
Becoming a leader is a simple process of completing the short training session,

followed by leading a ride with one of our current bike leaders. Then just continue with your usual cycling and invite others along by posting your rides on the AMC-NH website.

If you are interested, contact our Bike Committee at amcnh-bike@gmail.com.



SPECIAL UPCOMING EVENT



Avalanche path, Ammonoosuc Ravine, 2010. Photo by Valerio Viti.

FEB 18-19, 2017 AVALANCHE AWARENESS COURSE

Looking to increase your down-mountain skiing/climbing snow safety?

The **AMC-NH Ski committee** is offering a two-day Avalanche Awareness Course geared towards learning about weather observation, travel, route-finding/navigation, transceiver work, snow evaluation, and decision-making in the backcountry. Includes classroom lectures and activities as well as practice in the field with beacons, probes, and shovels at the AMC Pinkham Notch Visitor Center.

For more information and to register: Casycalver@gmail.com 410-212-4184

**Beacons, shovels,
and probes
provided**

**Group limited to 12
participants**

**\$100 for AMC
members
\$125 for non-
members**

**Lodging not
included, group
rate available**

AMC-NH CHAPTER

Pinkham Notch
Visitor Center and
Joe Dodge Lodge

[http://amc-
nh.org/committee/ski/](http://amc-nh.org/committee/ski/)



Conservation Corner *Also Smell the Roses*

PAUL HOPKINS

I'm sure that we're all familiar with the expression, "take time to smell the roses." We all realize that it's a metaphor implying that one should plan their activity such that ancillary details can add to the enjoyment of the experience. I feel that some hikers are so focused on completing the hike and reaching the views from the summit that they overlook the subtler items.

One fine spring day, I hiked up the Edmund Path to its junction with the Crawford Path in the col between Mts. Franklin and Eisenhower. My purpose was to find and photograph a blooming *Diapensia* cushion with an appropriate mountain background. As there were none in the col, I asked a group of hikers had they seen any *Diapensia*. They had no idea what I was talking about, and had never heard of *Diapensia*. I described it as a close to the ground cushion like cluster that may have white flowers sticking out of it. Hmmm, they acknowledged they might have seen something with white specks.

I felt sad that these hikers were missing out on an essential element of the high summit experience. A blooming *D. cushion*, even if less spectacular than the one featured herein, should be


noticed and appreciated for what it is and where it lives.

On another occasion, I was hiking on Mt. Monroe. Between the two summits at the base of "Little Monroe," I came upon some ripe mountain cranberries, which have the same taste and texture as their lowland counterparts used for sauce, but are much smaller.

While I was setting up to photograph them, a group of three hikers approached. They appeared to be a grandfather, father and son. As they passed by, I tried to engage them in a conversation about mountain cranberries. The adult

response was a brief glance, an okay and they moved on. I felt sorry for the young lad. Dad and granddad were probably

taking the boy out for an outdoor adventure, but at the same

CONSERVATION CORNER, 
TO PAGE 8



A blooming Diapensia Cushion.



AMC NH EXECUTIVE COMMITTEE

- Chapter Chair** chairnh@amc-nh.org
Bill Warren
- Vice Chair** vicechairnh@amc-nh.org
Frank Miller
- Treasurer** treasurernh@amc-nh.org
Rick Desmarais
- Secretary** secretarynh@amc-nh.org
Wanda Rice
- Biking** bikenh@amc-nh.org
Doria Harris, Hiel Lindquist
- Conservation & Education** conservationnh@amc-nh.org
Paul Hopkins, Liz Wyman
- Excursions** excursionsh@amc-nh.org
Kevin Rooney, Beth Zimmer
- Membership** membershipnh@amc-nh.org
Jen Fairchild, Matt Christiansen

- Mountaineering** mountaineeringnh@amc-nh.org
Michele Beadle, Johanna Hunter
- Newsletter** newsletternh@amc-nh.org
Brett Billings, Editor
Jessica Clifford, Design & Layout
- Paddling** paddlingnh@amc-nh.org
Joe O'Neil
- Programs** programsh@amc-nh.org
Lu Ann Laquerre, Teri Wilson, Debbie Marcus
- Skiing** skinh@amc-nh.org
Paul Pinkham, Valerio Viti
- Trails** trailsh@amc-nh.org
Richie Holstein, Bill Foster, Denise Carter

- Web Committee** webchairnh@amc-nh.org
Paul Berry, Brian Morin
- Young Members** youngmembersnh@amc-nh.org
Jamie Gillon, Ann Hudnall
- Past Chapter Chair** pastchairnh@amc-nh.org
Wayne Goertel
- Regional Dir. NH/ME** regionaldirectornh@amc-nh.org
John Mullins
- AMC NH Chapter** website: www.amc-nh.org

Address changes and membership renewals:
AMC Member Services
5 Joy Street, Boston MA 02108
617-523-0636 or
www.outdoors.org/membercenter



Appalachian Mountain Club
NH Chapter
PO Box 640
Enfield, NH 03748

Non-Profit Org
U.S. POSTAGE
PAID
Manchester NH
Permit No. 417

'Mountain Passages' is only the beginning...

From hiking to biking, AMC's New Hampshire chapter has it all. Visit our website at amc-nh.org and read more about us and our many year-round events.

CONSERVATION CORNER, FROM PAGE 7

time were not teaching him how to fully appreciate the outdoor experience.

Perhaps you have a favorite subject, place or experience regarding some outdoor activity that you would like to share. It can be about most anything that you consider interesting, entertaining, enjoyable, educational or all four. It could even be about a conservation issue. Liz and I, the Conservation and Education Co-chairs for the NH Chapter, invite you to contact us at conservationnh@amc-nh.org with your idea, and we'll help you get published. Articles need only be 400-500 words long, about the size of this article, and some photos add a nice touch.



Ripe mountain cranberries