# Mountain

### Highlights...





2017/2018 AMC NH

Skiers Calender......

#### **OUR MISSION**

The Appalachian Mountain Club is the nation's oldest outdoor recreation and conservation organization, and promotes the protection, enjoyment, and understanding of the mountains, forests, waters and trails of the Appalachian region. AMC has more than 100,000 members, 16,000 volunteers, 450 full-time and seasonal staff. The New Hampshire Chapter is the second largest of the 12 Chapters within the Club.

VOLUME 43, NUMBER 6 **NOVEMBER-DECEMBER 2017** 



# **Local Author Recounts Time** on the Camino de Santiago Trail

Thursday, November 30, 2017, 6:00 p.m.

#### LU ANN LAQUERRE

Theresa Fersch will be speaking at the Concord Public Library about her hike on the "Camino de Santiago Trail" in Spain. The event is being held on November 30, at 6:00 pm at the Concord Public Library at 45 Green Street, Concord, NH. The library and AMC NH Chapter Programs are co-sponsoring this free event.

Fersch lives in Hollis, N.H. with her husband, dog and several chickens. In her free time, she enjoys relaxing at their camp in Rangeley, Maine and volunteering for hospice. Theresa never considered herself much of an adventurer, but in 2015, she found herself in the middle of Spain having the adventure of a lifetime.

From May 17 to June 22, 2015, Theresa hiked the entire Camino de Santiago from St.



Photo courtesy of theresascamino.com

LOCAL AUTHOR, TO PAGE 2 (\*\*)





# Notes from the Chair

Time to Say Thank You

**BILL WARREN** 

The time has come for me to thank all the members of the New Hampshire Chapter of the AMC

NOTES FROM THE CHAIR, TO PAGE 7





Photo courtesy of theresascamino.com

Jean Pied-de-Port, France to Santiago de Compostella, Spain. The Camino is a 500-mile pilgrimage traveled by pilgrims for over 1,000 years. It is said to bring great physical, mental and spiritual growth to all who travel its routes, as well as provide continuous examples of kindness, generosity, friendship and love.

Theresa wrote a

book about her experience while in Spain called Sunrise in Spain, and she speaks throughout New England, providing inspiration and motivation for others to do something amazing for themselves. She provides a brief overview of what a day on the Camino is like and speaks about the significance of living one's life to the fullest.

# One-Day Class 3 Leader Training

Saturday, November 11, 2017, 8:30 a.m.-4:30 p.m.

Training for those interested in becoming leaders for hikes and walks at lower elevations in three seasons. This session will allow you to become a class 3 leader for the N.H. chapter. Exercises in group dynamics, trip planning and logistics, participant screening, communication, handling difficult behaviors, how to post your trip for approval, and outdoor practice in leading. This training is a good introduction to leading hikes and has

been of interest to those who are thinking of becoming trip leaders for the first time.

Up to seven participants will work in a small group with two instructors to understand the methods for planning and leading trips to smaller mountains or natural areas and the sea shore. The group members will use different learning techniques to try out and understand the many roles of a leader and how to apply these to outings. Come prepared to spend the day outdoors "learning by doing." Bring your pack for a fall day hike, hiking cloths, boots and a trail lunch. Morning snacks, maps and instructional materials will be provided. Training is in

Instructors Rick Silverberg and Bob Humphery; \$35 for AMC members, \$40 for non-members. Register at www.amcnh. registration.qilan.com Call (603) 225-5921 with questions between 7-10 p.m.

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We reserve the right to refuse ads that are not related to the mission of AMC. We do not provide proofs and accept no liability for errors beyond the cost of the ad. Warner N.H.

**MOUNTAIN PASSAGES** Volume 43, No. 6 November/December 2017

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Submissions. Members may submit articles or photos (hi-res jpegs) to newsletter@amc-nh.org. Articles may be edited at the discretion of the editor to meet space and style requirements. Publication is on a space-available basis. While Mountain Passages does not pay for submissions; a byline or photo credit is given. Contact Mountain Passages for reprint permission.

Advertising. The AMC NH Chapter members enjoy the outdoors year-round by hiking, paddling, skiing, backpacking, climbing and biking and more.

For information and the Ad Rate Sheet, send an email to newsletter@amc-nh.org.

We reserve the right to refuse any submission, photo or advertising that is not consistent with the mission of the AMC

Address Changes. Address changes or other changes to your membership must be made through AMC Member Services at 5 Joy St. Boston, MA 02108; 800-3721758; outdoors.org/membercenter

Please note: Member address updates cannot be handled by AMC-NH officers, committee chairs, or the newsletter editor.

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# AMC Opens New Boston Headquarters

LAURA HURLEY

BOSTON, Mass.—The Appalachian Mountain Club (AMC) has officially moved into its new organizational headquarters at 10 City Square in Boston's historic Charlestown neighborhood, positioning the outdoor recreation and conservation nonprofit to better support its staff, cultivate expanded community connections, and

achieve its long-term growth and mission objectives.

Last year, after almost a century at its Beacon Hill headquarters, AMC sold its Joy Street buildings and subsequently purchased the City Square property, which has been undergoing renovations in preparation for the move.

"The Appalachian Mountain Club's new Charlestown headquarters presents incredible potential to expand on the organization's enduring legacy of connecting people with the outdoors and conservation

stewardship," said John Judge, President and CEO, Appalachian Mountain Club. "As we look ahead to AMC's next 100 years, our aspiration is to create an outdoor hub here that fosters local, urban connections to Boston open space and beyond through programming, training, access, information, and gear, while working alongside partners and organizations with similar missions."

Centrally located across the Charles River from North Station, in proximity to both subway and bus transportation, AMC's new headquarters is located on Boston's iconic Freedom Trail surrounded by an array of revitalized urban open spaces, including adjacent City Square Park and John Harvard Mall, Paul Revere Park, and the Boston National Historical

In addition to the City Square location, AMC has established an adjunct training and outdoor equipment center in Charlestown at 6 Spice St., adjacent to the Sullivan Square MBTA station. The

Centrally located across the Charles River from North Station...AMC's new headquarters is located on Boston's iconic Freedom Trail surrounded by an array of revitalized urban open spaces. Photo courtesy of outdoors.org

space primarily supports the specialized needs of AMC's long-running Youth Opportunities Program(YOP), which started in Boston in 1968 to give urban youth workers and teachers the resources they need to independently lead groups on outdoor adventures.

The flexible, multi-use Spice St. space accommodates program staff, outdoor leadership trainings, a gear lending library to outfit up to 15 groups at one time, and staging for hundreds of trips and trainings each year. It also offers the potential to more broadly host other AMC activities in the future.

"On the cusp of the 50th anniversary of AMC's Youth Opportunities Program, moving to this new space is a wonderful opportunity to showcase our efforts supporting Greater Boston teachers and youth development professionals," said Stefanie Brochu, Vice President of Outdoor Learning and Leadership, Appalachian Mountain Club. "Many of the youth we work with are taking their first

> trip outdoors, and this center provides ease of access for their leaders to plan and implement a wide range of adventures."

At City Square, the new space better meets the 21stcentury needs of the organization, which had outgrown

Photo courtesy of Google Maps.

the functionality of its former headquarters, originally built as residential housing. Renovations to the six-floor Charlestown building, listed on the National Register of Historic Places, are part of the AMC's long-term master plan for the site, which focuses on stewardship of an older building and a commitment to environmental sustainability.

The AMC will

occupy the entire second and third floors of the building, plus half of the fourth floor. The remaining office and retail space is leased by other businesses, including Legal Oysteria on the ground floor.

AMC's second floor features flexible program space for large groups, with high-quality AV equipment, a catering kitchen, abundant natural light, and adjacent gallery and conference room spaces. It will be available to both AMC and non-AMC groups on a limited basis starting in 2018 as part of AMC's commitment to the community, which includes preserving the civic history of the 1890's commercial building and meeting space, originally called Roughan Hall.

AMC's new office layout provides more functional,

flexible, and collaborative work space for staff with updated IT infrastructure. It features a combination of private and shared offices, open office work spaces and meeting areas, numerous conference rooms, a staff kitchen and social space, and a reception area. Interior building renovations to AMC's space, overseen by RODE Architects,

were geared toward completely updating the floor layout to optimize natural light quality, celebrate the "bones" of the building, and highlight the character of the original construction by exposing brick walls and emphasizing details such as the southern yellow pine wood structure.

AMC has placed a high priority on minimizing environmental impact in doing renovations.

NEW BOSTON HEADQUARTERS, TO PAGE 8 😜



# 2018 Winter School Jan 19-21 and/or Feb 23-25

## AMC NH Chapter Winter School: Hiking, Skiing and Leadership Workshops

Winter does not mean you have to hang up your backpack until spring. Learn how to explore the N.H. wilds this winter safely and with confidence.

This winter, the N.H. Chapter will again sponsor two training workshops at the Cardigan Lodge in Alexandria, N.H. and include some courses through the Cardigan Mountain Ski School, which is now an official Professional Ski Instructors of America (PSIA) school. Most of our ski instructors hold PSIA certifications, and official PSIA events can be hosted through the school.

These winter workshops are designed to teach students what you need to know for safe travel in the winter mountains: What to wear, what to take, how to use it, how to get there, how to get pack and how to plan for the unplanned. Both workshops will offer the same curriculum, except as noted below. All sections include extensive time outdoors.

The N.H. Chapter Annual Winter Workshop 1, will be held on Friday, January 19 to Sunday, January 21, 2018. This program will be repeated as Winter Workshop 2, held on Friday, February 23 to Sunday, February 25, 2018.

A variety of instructional groups are offered that cover most every aspect of winter backcountry travel and safety. The weekend is filled with instruction, field exercises, lectures and group discussions. Your time will be divided between your individual class and activities during the entire workshop.

Choose from one of the following classes. If you are not sure which class is right for you, give one of the Workshop Directors a call.

If you are looking at a skiing class, check out the Ski

Committee recommendations at this link to be sure you pick the right class for you and to answer some of your questions http://amc-nh.org/committee/ ski/winter-school-faq.php

Once you have found a class, just go to this link to sign up http://amcnh.registration. gilan.com

#### A. Introduction to Winter Wilderness Travel

Instruction in general mountain safety, clothing and equipment, nutrition, risk management and trip planning. Instruction includes an introduction to snowshoeing as well as map and compass. This workshop section is intended for individuals with limited experience in the New England outdoors who would like to start winter activities safely. Anticipate hiking as much as three miles at a slow pace with occasional uphill grades.

#### **B.** Intermediate Snow Shoeing

Instruction in snowshoeing, route finding (map and compass) as well as general mountain safety, clothing and equipment, nutrition, risk management and trip planning. This workshop section is intended for individuals with extensive three-season experience in the New England outdoors, but limited winter experience, who would like to get into more winter activities safely. Anticipate hiking/snowshoeing up to five miles at a moderate/ slow pace with sustained uphill grades.

#### E. Advanced Winter Wilderness Travel

Instruction offered in winter travel on steep terrain and above treeline. Subjects covered include snowshoeing on mountain terrain, use of crampons, dressing for extreme weather conditions, off-trail

navigation and risk management. Intended for individuals with winter experience in the outdoors interested in climbing New England mountains safely. Anticipate hiking six or more miles at moderate/fast pace, steep terrain and significant exposure to wind.

#### H. Leadership and **Mountain Skills**

This section is for those who have mastered the basics of winter hiking. Exercises in planning, organizing and expediting a trip with emphasis on leadership techniques and group dynamics. A review of the basics, accident scene management, medical considerations and off-trail navigation. This section is also for people with potential and desire to become trip leaders for the N.H. Chapter Excursions Committee. PREREQUISITE: proficiency on snowshoes.

#### I. Beginner Winter Backpacking (Winter School 1 only)

For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition and emergency situations.

WARNING: All participants must have proper winter clothing, a winter sleeping bag that has a rating of 20 below zero or lower, a winter foam pad and a winter backpacking tent. Tents will be provided if needed. This group will participate in indoor lectures and evening programs, sleeping outside Friday and Saturday night, as well as prepare

one meal outdoors.

#### J. Intermediate Winter Backpacking (Winter School 2 only)

For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: general winter mountain safety, snowshoeing, equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition, and emergency situations.

WARNING: All participants must have proper winter clothing, a winter sleeping bag that has a rating of 20 below zero or lower, a winter foam pad and a winter backpacking tent. Tents will be provided if needed. This group will be spending most time outdoors and will sleep outside both Friday and Saturday night, as well as prepare two meals outdoors.

#### Cardigan Mountain Ski School (PSIA Certified)

#### C. Back Country Ski **Touring 101:**

Want to expand your horizons beyond the golf courses and touring centers? Come learn how to explore the winter backwoods on skis. We will cover how to travel efficiently on the ungroomed trails over rolling terrain and how to control speed by turning and stopping on modest hills. We will address general back country safety as well. Expect to be outdoors playing in the snow on skis for three to four hours each day and ski 2-4 miles. Be prepared to ski with a day pack.

#### D. Intermediate Back Country Ski Touring:

Ready to explore the wilderness for the day and go where you

2018 WINTER SCHOOL, TO PAGE 7





# **AMC Books Announces the Publication** of White Mountain Guide, 30th Edition

#### LAURA HURLEY AND ROB BURBANK

Now in print for 110 years, AMC's comprehensive White Mountain Guide remains hikers' most trusted resource for trails in the magnificent White Mountain National Forest and surrounding regions. This 30th edition has been thoroughly updated and revised post-Tropical Storm Irene, with accurate descriptions of more than 500 trails, as well as trip-planning advice, safety information, and a checklist of New Hampshire's 4.000-footers. New to this edition are at-a-glance icons for suggested hikes and redesigned, easier-to-follow statistics for all trails, charting cumulative distance, elevation, and time

between waypoints.

This boxed set also contains six pull-out topographic maps, updated to reflect the latest trail openings, closings and reroutings. Redesigned with bolder, clearer colors and GPS-charted by AMC's cartography department, these maps include trailsegment mileage; hut, lodge, camping and shelter locations; wilderness-area boundaries; AMC shuttle stops; and more.

Whether you're planning a day trip to stunning waterfalls, a backpacking trek through the Great Gulf Wilderness or a section hike along the Appalachian Trail, the White Mountain Guide is your quintessential resource for adventure in the White Mountains.

Steven D. Smith has

authored several AMC titles, including Southern New Hampshire Trail Guide and The 4000-Footers of the White Mountains. He owns and operates The Mountain Wanderer bookstore in Lincoln, N.H.

AMC Books are available nationwide through booksellers and outdoor retailers, and can be ordered directly from AMC at outdoors.org/amcstore or by calling 800-262-4455. AMC members receive a 20 percent discount. E-book versions are available online through Amazon, iBooks and Barnes and Noble. AMC Books are

distributed to the book trade by National Book Network.

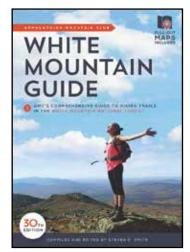
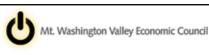


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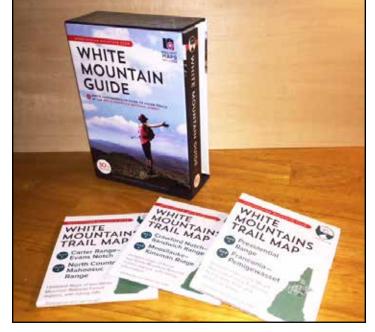




#### How can we help you in 2016?

Give us a call! 603.447.6622

MWV Economic Council 53 Technology Lane Suite 100 Conway, NH 03818



Inside You'll Find:

- More than 500 trail descriptions, updated to reflect the latest changes
- Six full-color, GPS-charted, pull-out maps, with trail-segment mileage, shuttle stops, and more
- Redesigned statistics for every trail, charting cumulative distance, elevation, and time

Suggested hikes for all ability levels, now with at-a-glance icons for easy trip selection

> Compiled and Edited by Steven D. Smith \$24.95 Paperback • 656 pp • 5"x7" 978-1-934028-85-8 Boxed set with 3 pull-out double-sided maps



#### 2017/18 AMC NH Skiers calendar

Date/locations are tentative! Please check with leaders and online at: https://activities.outdoors.org Blue writing is for midweek trips Questions? valerio.viti@gmail.com

Trip Social Clinic Trail work

		Questions? valerio.v	ıtı@gn	iaii.com			Clinic Trail work
Date	Event	Where		Activity	Style	Level	Leaders
					Trailwork		
	Cardigan ski trail workday and ski swap	Cardigan	NH	Trail Work		All	Valerio, Richie
Sun 12/31/2017	Ski Tecumseh on New Year's Eve	Waterville Valley	NH	Trip	BC downmountain	All	Paul, Al
Mon 1/1/2018	Ski the Sherburne trail on New Year!	Pinkham notch	NH	Trip	BC downmountain	All	JR, Tyson
	Telemark Clinic	Gunstock	NH	Clinic	Telemark instruction	All	Scott, Paul
							•
	Kearsage South, Lincoln Tr	Kearsage	NH	Trip	Light BC	All	Marty, Joel
Sat 1/7/2108	Family xc ski trip	Southern NH/TBD	NH	Trip	Light BC	Beg/Int	Emilie P
Sat 1/13/2018						-	
Sun 1/14/2018	Weekend of XC in Vermont	Sterling	VT	Trip	Light BC/XC	All	Ted, Emily T
Sat 1/13/2018		Cannon Mt	NILL	Trin	BC downmountain	Int/Adv	Drian Matt
		Cannon Mt	NH	Trip			Brian, Matt
Sun 1/14/2018	Smarts Brook	Waterville Valley	NH	Trip	Light BC	All	Grigory, Joel
Mon 1/15/2018	Intro to Light BC, Skins, series of 6 classes	Lebanon	NH	Clinic	Light BC	Int/Adv	Valerio, Simon, Casy/Nik
	Lunchtime Skate skiing at Oak Hill	Hanover	NH	Trip	XC resort	All	Valerio
Tue 1/16/2018	Telemark Clinic	Gunstock	NH	Clinic	Telemark instruction	All	Scott, Paul
Wed 1/17/2018	Intro to Light BC, Scales, series of 6 classes	Lebanon	NH	Clinic	Light BC	Int/Adv	Valerio, Sofia, Erik
Sat 1/20/2018		1					
Sun 1/21/2018		Cardigan	NH	Clinic	Workshop	All	Scott
		Cardinan	NILL	Trip	DC downmountain	Dog/lot	Cosy Margaret
	SC + SheJumps Ski Trip	Cardigan	NH	Trip	BC downmountain	Beg/Int	Casy, Margaret
Sun 1/28/2018	Stoddard Hill	Stoddard	NH	Trip	Light BC	Beg/Int	Emilie P, Emily T
Sun 1/28/2018	Bolton-Trapp traverse	Bolton	VT	Trip	Light BC	Int/Adv	Tim, Thor, Joel
							Nik, Tyson, Erik
Sun 1/28/2018	,	Bretton Woods	NH	Trip	BC downmountain	_	
Tue 1/30/2018	Lunchtime Skate skiing at Oak Hill	Hanover	NH	Trip	XC resort	All	Valerio
Fri 2/2/2018	Evening ski social at Storrs Hill	Lebanon	NH	Social	Resort downmnt	All	Valerio, Nik
					Light BC	Beg/Int	Darrell, Jillian
	Kancamagus Brook Trail to Livermore Tr	Waterville Valley	NH	Trip		-	·
Sun 2/4/2018		Lincoln	NH	Trip	Light BC	Int/Adv	Joel, Tim
Tue 2/6/2018	Doublehead	Jackson	NH	Trip	BC downmountain	All	Tim, Al
	Evening ski social at Storrs Hill	Lebanon	NH	Social	Resort downmnt	All	Valerio, Casy
							· · · · · · · · · · · · · · · · · · ·
Sat 2/10/2018		Mt Greylock	MA	Trip	BC downmountain	Int/Adv	JR, Matt
Sat 2/10/2018	Cog raillway	Bretton Woods	NH	Trip	BC downmountain	All	Tim, Becca
Sat 2/10/2018	,						
Sun 2/11/2018	Overnight ski to Black Mountain	Black Mountain	NH	Trip	BC downmountain	Beg/Int	Jen G, Ted
		┪					
Sun 2/11/2018	Wildcat Valley	Jackson	NH	Trip	Light BC	Int/Adv	Scott, Margaret
Sun 2/11/2018	Intro to BC for young members	Cardigan	NH	Trip	BC downmountain	All	Valerio, Jed, Casy
Sun 2/11/2018	Greely Pond	Waterville Valley	NH	Trip	Light BC	All	Tim, Sean
							·
Mon 2/12/2018		Mt Washington	NH	Trip	Light BC	All	Tim, Al
Tue 2/13/2018	Telemark Clinic	Gunstock	NH	Clinic	Telemark instruction	All	Scott, Paul
Sat 2/17/2018	Light BC class finale	Moose mt	NH	Clinic	Light BC	Int/Adv	V, Sofia/Erik/Simon/Casy/Nik
	•						
Sat 2/17/2018		Pisgah	NH	Trip	Light BC	Beg/Int	Darrell, Emily T
Sat 2/17/2018	Mount Washington Overnight	North Conway	NH	Trip	Light BC/XC	All	Ted, Al
Sun 2/18/2018	Would Washington Overlight	Troitin conway		1116	Eight Be/Xe	7 (1)	160,71
Sat 2/17/2018	Al	C	NILL	Clinin	M/auluah au	A.II	Manter Carry Marth ID
Sun 2/18/2018	Avalanche awareness class	Crawford Notch	NH	Clinic	Workshop	All	Marty, Casy, Matt, JR
	Rochester Gap	Dachastar	VT	Trip	Light BC	All	lad lillian Than
		Rochester		Trip	•		Jed, Jillian, Thor
Sat 2/24/2018	Mt Mansfield traverse	Underhill	VT	Trip	BC downmountain	Adv	Valerio, Dave, Nik
Sun 2/25/2018	Brandon Gap	Brandon	VT	Trip	BC downmountain	Int/Adv	Nik, JR
	Mineweska State Park	Kerhonkson	NY	Trip	Light BC	Beg/Int	Matt, Jillian
		Kernonkson	INI	Пір	Light be	DCg/IIIC	iviatt, Jilliali
Sat 2/24/2018	Winter School II: Ski classes for	Cardigan	NH	Clinic	Workshop	All	Scott
Sun 2/25/2018	Intro/Interm/Adv BC skiing	Caraigan	1411	Cirric	Workshop	7 (11	30011
Sun 2/25/2018	Moosilauke Carriage Rd	Warren	NH	Trip	BC downmountain	Int/Adv	Erik, Paul
							· ·
Mon 2/26/2018	Wildcat Valley trail with a twist	Jackson	NH	Trip	Light BC	Int/Adv	Al, Tim
Tue 2/27/2018	Mt Hale	Twin Mountain	NH	Trip	BC downmountain	Int/Adv	Becca, Margaret
	Lunchtime Skate skiing at Oak Hill	Hanover	NH	Trip	XC resort	All	Valerio
	Telemark Clinic					All	
		Gunstock	NH	Clinic	Telemark instruction		Scott, Paul
	Pemi Ski Thru	Lincoln	NH	Trip	Light BC	Int/Adv	Scott, Tim
Sat 3/3/2018	Adirondakawaskand	Adirondalis	NIV	Trin	PC downmountain	۸ ما، ،	Casy Dayo Ion Tim
Sun 3/4/2018	Adirondaks weekend	Adirondaks	NY	Trip	BC downmountain	Adv	Casy, Dave, Jen, Tim
	Merrill Loop Moosilauke	Moosilauke	NH	Trip	Light BC	Beg/Int	Emilie P, Thor
						O,	, , , , , , , , , , , , , , , , , , ,
	Camels Hump West Side	Huntington	VT	Trip	BC downmountain	Adv	Valerio, Aaron, Emily T
Sat 3/10/2018	Cedar Brook	Lincoln	NH	Trip	Light BC	Int/Adv	Emilie P, Erik
Sat 3/10/2018	Crescent Ridge	Pinkham notch	NH	Trip	BC downmountain	Int/Adv	Nik, Gunnar, Ted
					BC downmountain		
Sun 3/11/2018	•	Stowe	VT	Trip		Adv	Thor, Casy
Tue 3/13/2018	Telemark Clinic	Gunstock	NH	Clinic	Telemark instruction	All	Scott, Paul
Tue 3/13/2018	Lunchtime Skate skiing at Oak Hill	Hanover	NH	Trip	XC resort	All	Valerio,
	Gulf of Slides snowfields	Pinkham notch	NH	Trip	BC downmountain	Int/Adv	Becca, Al, Jen G
							· · ·
	Avalanche Brook	Pinkham notch	NH	Trip	Light BC	Int/Adv	Emilie P, Al
Sat 3/24/2018		Gaspe peninsula	QC	Trip	BC downmountain	Adv	Casy, Marty, Margaret
Sun 4/1/2018	1	1 ' '	ЦC	шр	BC downinountain	Auv	Casy, Ivial ty, Ivial galet
Sat 3/24/2018	TBDPSHID.	1					1
Sun 3/25/2018	TRD NAMES S.						17
	Onless gulf	NA+ \A/====:	N	Tain	DC downers	۸ -ا	Drian Tugge
Sat 3/31/2018		Mt Washington	NH	Trip	BC downmountain	Adv	Brian, Tyson
Sun 4/1/2018	TBD < M o						8
Sat 4/7/2018				T :	DC 4-		Malaria M
Sun 4/8/2018	Big Jay weekend	Jay Peak	VT	Trip	BC downmountain	Adv	Valerio, Margaret
	Gulf of Slides	Pinkham notch	NH	Trin	BC downmountain	Int/Adv	Nik, Matt
	Guii di silues			Trip			ININ, IVIALL
Sat 4/14/2018	Monroe Brook Slide	Bretton Woods	NH	Trip	BC downmountain	Adv	Thor, Paul
Sun 4/15/2018	Tuckerman Ravine	Pinkham notch	NH	Trip	BC downmountain	Int/Adv	Brian, Tyson  Valerio, Margaret  Nik, Matt Thor, Paul Tyson, Nik  Jayon, Nik JR, tbd Valerio, Paul
	Tuckerman Ravine	Pinkham notch	NH	Trip	BC downmountain	Int/Adv	JR, tbd
		TETTIKHAHI NOTCH	INH	IIID	BC downfillountain	IIII/AUV	ן אוי, נטע 🚆
	Tuckerman kavine						
	Gulf of Slides Monroe Brook Slide Tuckerman Ravine Tuckerman Ravine End of Year party	Mt Washington	NH	Trip	BC downmountain	All	Valerio, Paul

#### 2018 WINTER SCHOOL, FROM PAGE 4

want with confidence? Spend the day in the woods to improve your skills including turning, stopping, climbing, trip planning and navigation. We'll be outdoors for about five hours each day skiing and learning on various terrain with your full day pack.

# F. Down Mountain Backcountry Skiing:

Tired of the crowded lift served areas? Leave them behind and explore the solitude of the backcountry. This course is intended and designed for the down mountain skier who

wants to jump the gap from the lift served area and side country to the backcountry. This is not a learn-to-telemark clinic but how to apply your frontcountry/lift-serve skiing skills to the backcountry on downmountain trails. Strategies for skiing on backcountry terrain in New England "powdah" (less than optimum snow conditions) will be reviewed. Be prepared to spend four to six hours per day outside, on skis and to ski with a pack on down mountain trails. This is not just for telemark skiers, backcountry skills and strategies for the AT skier will also be reviewed.

The workshops will begin

promptly at 7:30 p.m. Friday evening and end Sunday afternoon at approximately 4 p.m. This is a school for everyone who wants to learn and have a great time.

Cost \$165.00 (AMC members), \$185.00 (nonmembers), and includes lodging, excellent meals, materials and instruction. You must be 18 years or older to attend.

On-line application: Please apply via our online application to ensure the accuracy and priority of your application. You may access the web app at <a href="http://amcnh.registration.qilan.com">http://amcnh.registration.qilan.com</a>.

If this is your first time using our online registration form, you must first create an account. Otherwise, login with your password.

Written application: You may download the application at <a href="http://amc-nh.org/commit-tee/excursions/application-winter-school-2017.pdf">http://amc-nh.org/commit-tee/excursions/application-winter-school-2017.pdf</a>

Once you have your application, fill it out and send it with your payment to the registrar.

Workshop Director: Rick Silverberg Synergyc@Aol. com (603) 225-592. Co leader Bob Humphrey (603) 456-3708.

#### NOTES FROM THE CHAIR, FROM PAGE 1

for the privilege of serving you as the Chapter Chair. It has been an honor and a duty I shall cherish. During my time as Chair, I hope I have helped the Chapter become a little better and helped it become an organization you want to be part of now and in the future.

Some of the accomplishments we have achieved during my tenure will be continued by subsequent Chairs. I introduced goal setting to all our activity and service committees. It stimulated conversations and provided a platform for introspection into the workings of these committees and for what they ultimately provide for you as a member.

I asked the administrative committee, Excomm,

to consider and accept new approaches to establishing budgets, appreciating our volunteer leaders, creating administrative policies for how we operate, as well as spending down some of our excess funds on worthy initiatives of benefit to the New Hampshire Chapter members. Excomm also established a Communications Committee to keep you informed of all the wonderful things happening, as well as created a committee to organize the largest Fall Gathering in AMC history.

All of this was done with the help of so many other wonderful volunteers. The time and dedication they provided amazes me. Without exaggeration, there are simply too many to thank by name in this short article. From the officers, to the committee chairs, to the numerous volunteers within each committee: They have supported me and worked countless hours to help make the Chapter one of which you can be proud. Once again, we have provided over 400 activities, more than 60 workshops and numerous informative evening presentations.

As my term comes to an end,
I look forward to the next Chair,
Frank Miller, bringing his vision and
enthusiasm to the forefront with
the expectation of the Chapter
continuing to be strong and
healthy.

I wish him success, and I extend to all of you my respect and sincere gratitude.

#### AMC NH EXECUTIVE COMMITTEE

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#### 'Mountain Passages' is only the beginning...

From hiking to biking, AMC's New Hampshire chapter has it all. Visit our website at amc-nh.org and read more about us and our many vear-round events.



#### NEW BOSTON HEADQUARTERS, FROM PAGE 3

Working with the design and construction team at Rubicon Builders of Mansfield, Mass., the organization has recycled construction and demolition waste, reused many existing walls and ceilings, and incorporated low-impact, non-toxic, and locally-sourced finishes for paint and flooring materials, lighting, and plumbing fixtures. Environmentally-friendly office furnishings were locally sourced from AIS, a BIFMA-certified manufacturer based in Leominster, Mass.

AMC also prioritized minimizing environmental impact in decommissioning its former Joy Street headquarters, working with green logistics company Re-Stream of Waltham, Mass. to reduce waste and repurpose or recycle items, which included reallocating select items to other AMC locations.

AMC is developing its long-term sustainability strategies for 10 City Square in consultation with the Concord, Mass.-based sustainable design firm, The Green Engineer, Inc. Goals include evaluating building-wide energy reduction options, such as conversion of existing mechanical systems, energy-saving renovations to the building envelope, potential on-site renewable energy sources, and green operations and maintenance practices.

In recognition of the organization's momentous move, AMC is offering a select number of naming opportunities at 10 City Square and 6 Spice St., including program space, the gear lending library, conference rooms, and the gallery.

AMC's headquarters

coordinates outdoor recreation. conservation, and education efforts across AMC's service area of Maine to Virginia, as well as programs that benefit Boston-area residents. Major AMC initiatives in Greater Boston include the organization's aforementioned Youth Opportunities Program; Outdoors Rx®, a partnership with healthcare providers and com-

munity organizations connecting families and children to the outdoors through free, guided activities as a path to better health; leadership of trail construction and maintenance on the 230-mile Bay Circuit Trail and Greenwayrunning through 37 communities around

Boston: AMC Adventure Travel offering domestic and international trips; and statewide conservation policy work. AMC's Boston Chapter also offers a variety of free or low-cost, close-to-home outdoor activities and instructional trainings led by experienced volunteers.

