





# Mountain P A S S A G E S


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## On the Trails: Ski Trails Need Work Too!



*Photo by: Denise Langlois. Some times you just have to carry the blowdown!*

BY RICHIE HOLSTEIN

What does it take to keep a backcountry ski trail in great shape?

A cadre of 43 trail workers gathered in early November at Mt. Cardigan with removal of blow-downs as their goal. Four squads of people with human-powered tools were complemented by two squads with chainsaws. Together they cleared all designated ski trails on the mountain, getting rid of blowdowns and brushing back growth narrowing the trails. To quote one of the squad leaders when the work was done, "The trails are pristine!"

Mt. Cardigan is well noted for its backcountry skiing but depends on volunteers to keep the

ON THE TRAILS, TO PAGE 3 

## OUR MISSION

The Appalachian Mountain Club is the nation's oldest outdoor recreation and conservation organization, and promotes the protection, enjoyment, and understanding of the mountains, forests, waters and trails of the Appalachian region. AMC has more than 100,000 members, 16,000 volunteers, 450 full-time and seasonal staff. The New Hampshire Chapter is the second largest of the 12 Chapters within the Club.

VOLUME 46, NUMBER 1  
WINTER 2020



## Beware of Decision-Making Biases in Outdoor Activities

BY BRETT BILLINGS

I am fortunate to be able to make a living working in the outdoors. In summers, I lead backpacking, canoeing and mountain biking expeditions for under-served New Hampshire boys, and these past two winters, I have ski patrolled.

An important focus of my work examines incidents – what happens when things go wrong – but a growing body of research points to the value of examining near misses – when things almost go wrong. The first winter outing is usually a chance to “shake off the rust,” and is prone to mistakes.

This story of my first excursion of this winter season illustrates the decision-making biases that can cloud anyone's otherwise safe and fun outing.

Decision-making biases frequently arise from reliance on prior conclusions based on false or inapplicable information. The decision-maker is often not aware that the information they are using is false or unreliable. Check out *Effective Leadership in Adventure Programming*, third edition, by Priest and Gass (2018) for much more information on the topic.

OUTDOOR ACTIVITIES, TO PAGE 4 



## Note from the Editor: Changes to Mountain Passages Publication Schedule

Starting with this issue, Mountain Passages will be changing to a four issue per year schedule to match more closely the seasonal nature of Chapter activities. We will have the flexibility to adjust page length to reflect the amount of material we have to include in each edition of Mountain Passages. This is the first issue under the new schedule and is the Winter 2020 edition. The Spring issue will follow on April 15, the Summer issue on June 15 and the Fall issue on September 15. In future years, we plan to change the date of the Winter issue to December 15 to avoid the holidays, and to more closely match the start of Winter activities.



## AMC Membership Socials

BY: JAMIE GILLON,  
AMCNH MEMBERSHIP  
CHAIR

Are you new to the AMC? Have you been a member for a while and are looking to be more active?

Are you curious about the kinds of hikes and other activities we offer and would like to know more before attending an activity?

Perhaps you are already active with our group and just want a night out to hang out with fellow outdoor enthusiasts.

If any of those apply to you, you should consider attending one of the seasonal socials hosted by the Membership Committee.

These socials were started in

2018 as a way to connect AMC Members with Chapter volunteers and each other. The events are held quarterly and are put on in conjunction with other AMC NH committees. This past year had four very well-attended events in the Concord and Seacoast areas. Typically, we have a dinner and social hour followed by a presentation by an AMC volunteer. After attending these events, several attendees have gone on to become regulars at Chapter events.

Last spring, Hiel Lindquist from Biking put on a great presentation highlighting the variety of trips his committee hosts. Members were exposed to great images of long and short rides, including several overnight trips, while enjoying a Mexican



Photo by: Jamie Gillon. Looks like fun! A great time was had by all.

AMC MEMBERSHIP SOCIALS, TO PAGE 3 

### Advertise Here to Reach Almost 15,000 Environmentally Active Outdoor Enthusiasts

ISSUE	DEADLINE	AD SIZE	PRICE (per issue)
Jan/Feb	December 1	1/8 page	3.5" w x 2.5" h \$100
Mar/Apr	February 1	1/4 page	3.5" w x 5" h \$160
May/Jun	April 1	1/2 page	7.5" w x 5" h \$250
July/Aug	June 1	20% Discount for advertising in six consecutive issues, with prepayment	
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Nov/Dec	October 1		

For questions, or to submit ad: Advertising@amc-nh.org  
Please send ads as color PDF or jpeg high-resolution files, at correct size. Ads will appear in color in the on-line and print versions.

We reserve the right to refuse ads that are not related to the mission of AMC. We do not provide proofs and accept no liability for errors beyond the cost of the ad.

### MOUNTAIN PASSAGES

Volume 46, No. 1  
Winter 2020

Mountain Passages is published six times a year by the New Hampshire Chapter of the Appalachian Mountain Club.

**Submissions.** Members may submit articles or photos (hi-res jpegs) to newsletter@amc-nh.org. Articles may be edited at the discretion of the editor to meet space and style requirements. Publication is on a space-available basis. While Mountain Passages does not pay for submissions; a byline or photo credit is given. Contact Mountain Passages for reprint permission.

**Advertising.** The AMC NH Chapter members enjoy the outdoors year-round by hiking, paddling, skiing, backpacking, climbing and biking and more.

For information and the Ad Rate Sheet, send an email to newsletter@amc-nh.org.

We reserve the right to refuse any submission, photo or advertising that is not consistent with the mission of the AMC.

**Address Changes.** Address changes or other changes to your membership must be made through AMC Member Services at 10 City Square, Boston, MA 02129; 800-372-1758; outdoors.org/membercenter

Please note: Member address updates cannot be handled by AMC-NH officers, committee chairs, or the newsletter editor.

**Mountain Passages Online.** If you're receiving Mountain Passages through the mail, please consider signing up to get the electronic version instead.

You'll get added resources not available to print subscribers: direct links to emails, forms and online information, color photos, online registration forms.

To sign up, go to [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter) and set your AMC-NH Chapter newsletter preference to online.

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## 🌲 ON THE TRAILS, FROM PAGE 1

trails clear. Mt. Cardigan is home to two “classic” Civilian Conservation Corps (CCC) ski trails, Duke’s Ski Trail and the Alexandria Ski Trail, and it now has more than a dozen back-country miles.

Everyone can help when we do trail work! There are group efforts such as November’s work day. There are also individuals who “adopt” trails on the mountain, making multiple trips to their trail yearly, doing the lighter work and noting problems to be addressed when resources are available. Of our



*Photo by: Chris Wells. It was hard work, but the blowdown is gone!*

group, four were trail adopters, including one who cares for multiple trails. And then there are those who just enjoy trail

work! Three of our group had extensive trail work experience with non-AMC organizations. Seventeen had been on previous Cardigan ski trail work days. Ten people had never done trail work before.

In the seventh year of this event, we see the cumulative results. Even the wind and rain storm two days prior produced only a few additional blow-downs. With about six hours apiece doing trail work, it came out to 258 hours of work for the day. We’ve put in over 1800 hours across the years, and that leaves out all the preparatory work of scouting and organizing as well as the paperwork afterwards!

The region’s bears have been kind to people but they seem to dislike many of the trail signs. We found at least three ski trail signs with claw marks along their edges. You’ll see more damaged signs along some hiking trails, particularly at the Vistamont-Clark junction and at the Back 80-Elwell junction. The signs will probably be replaced over the next couple of years.

It takes more than just hard work to care for our trails – It takes food! The day ended with our traditional dinner at the lodge. Our chefs (you’ll know them if you’ve attended the Chapter’s winter or spring workshops) served up hearty

soups along with some special hot sandwiches: “The Train Wreck,” “The Baconator” and for the vegetarians, “The Veg-nator.”

For background on Cardigan’s ski trails, including information about one of the first rope tows in New England,

visit <https://www.newengland-skihistory.com/ccskitrails/NewHampshire/mtcardigan.php>

Would you like to learn more about keeping our trails in great shape? Get in touch with us via [trailsnh@amc-nh.org](mailto:trailsnh@amc-nh.org) to learn what’s involved and to get involved!



*Photo by: Richard Holstein. With a saw and teamwork, just about everything is possible.*



*Photo by: Valerio Viti. Removing next year’s blowdown the hard way!*

## 👤 AMC MEMBERSHIP SOCIALS, FROM PAGE 2

buffet in Concord. This summer in Bow, Trails Co-Chair Richie Holstein gave a very informative presentation over Chinese food. He enlightened everyone about all the great conservation work his group does and showed how much of a difference these volunteer activities can make. At the late summer social, Kathy Upton from Mountaineering put on a great event in Hampton that in-

cluded an interactive knot-tying workshop after dinner. Just in time for winter, Ski Chair Thor Smith gave a presentation in Concord that highlighted the Committee’s upcoming season on the slopes.

Our next event will be at Blue Latitudes in Dover, on January 22, where we have booked a private room for dinner. On that night, Hike Leader Norm Michaels will be on hand to welcome members, while

Chapter Chair Rick Silverberg will be offering a presentation on the upcoming AMC Winter and Spring School weekends at Cardigan Lodge in Alexandria, NH. If you have always wondered what these weekend-long workshops entail, this will be a great chance to find out.

If you have any questions about these events, or just becoming more active in general, don’t hesitate to reach out. In addition to chairing Membership,

I lead trips for both Excursions and Trails and have attended several other AMC events. I can easily point you in the direction of whatever may interest you. I look forward to helping you become more active in our great organization.

Want more information? You can contact me (Jamie Gillon) by phoning or texting (603) 558-1788 or by emailing [membershipnh@amc-nh.org](mailto:membershipnh@amc-nh.org)

**The Story of My Misadventure**

Winter Storm Ezekiel draped New Hampshire in a heavy blanket of snow this past Thanksgiving, and I was eager to take out my cross-country skis. I have occasional work meetings close to Mount Cardigan, and I welcome the chance to get out before a long morning, sitting indoors.

Arriving to Cardigan Lodge around 7:30 a.m., I saw the snow cover was less than in the southern half of the state, but I was eager to get out. Perhaps, too eager. I planned for a roughly two-mile loop, and I go alone when I ski before work. There aren't too many people I can convince to join me that early.

If readers know Cardigan well, they know how remote it can seem, and cell service is lacking. That was the case for both my work and personal phones, each on different networks, so I left them both behind in the car.

I usually carry a trail running backpack underneath my outer layer, and I had half of the Ten Essentials to hiking: a little food, warm clothing, knife, fire starter and compass; but no water, extra clothing, map, flashlight, first aid supplies or whistle. After all, I would only be out for about an hour, and my intention was to be light and fast.

I would ski up the Back 80 Trail to the Cellar Hole and round back on the 93Z Ski Trail. It's a nice loop to watch the sunrise, and I was eager to explore Cardigan again after a couple seasons away. I needed to hurry, however, because I needed to accomplish some tasks before the work meeting began at 9:30 am.

I left at 7:40 a.m. and was glad I brought an old pair of skis. Skiing after the first heavy snowfall likely means there will still be open water. Sure enough, I had to side step over

many water bars on the way up. Regardless, being out for the first time felt great.

Once I reached the Cellar Hole, I enjoyed the descent afterward but not nearly as much as the descent enjoyed me. My excitement to get out was quickly tempered by falls caused by the limbs and rocks still accessible to my skis. There seemed to be a lot more downhill than I had remembered. My memory of this loop did not include crossing three streams, perhaps

because they were frozen over the last time I skied it.

Again, readers who know this area well may distinguish some discrepancies in my plan and what I encountered. I kept going though, I needed to hurry to make my work meeting.

I continued to descend after these three streams, each of them swollen from melting snow in the early winter. Crossing was manageable though, if not a bit tricky. And then I encountered a gravel road.

That was not part of the plan. I had a vague memory of the area surrounding Cardigan, and knew if I continued on, I might loop back around to the lodge. At this point, I came to terms with my timeline and started devising backup plans.

The AMC trail signs called the road Old Dickey Road, and I had a vague notion this would take me close to Welton Falls. Sure enough, a pleasant, albeit

COMMON DECISION-MAKING BIASES WITH EXAMPLES AND COUNTERS			
BIAS/EFFECT	EXPLANATION	EXAMPLE	COUNTER
HALO	When talented in one field, thinking you are talented in all fields	Because I'm a good climber, I'm a good paddler	Don't assume competence is easily duplicated between fields
ILLUSION OF CONTROL	Overestimating your power/control over external events	I am in control of my activities outdoors but not when I am a passenger on a train or bus	Think rationally about what you have no control over and learn to let go of worry
NORMALCY	Being unwilling to prepare for a disaster that hasn't yet occurred	I don't need a contingency plan, because that'll never happen to me	Remember the SP's: Prior planning prevents poor performance
OVERCONFIDENCE	Being excessively trusting in your own correctness or competence	I'm rarely wrong, so I'm certain I'm right about this	Leave lots of room for mistakes; you are only human
OBSERVER EXPECTANCY	Unconsciously manipulating information in line with anticipated outcomes	I don't like hearing this negative information, so I'll downplay its importance	Prepare to accept all contradictions that reject your working opinions/theories
OPTIMISM	Overestimating positive results, especially flattering/nice ones	Some high-performing adventurers speak optimistically about failure and pessimistically about imminent success	Be aware of when you are overly optimistic or pessimistic, especially when clients or peers are listening to the conversation
PLANNING TIME	Underestimating how long tasks take to complete	My big group will complete the task(s) in plenty of time	Allow extra time for tasks/planning, especially for groups
TIME SAVING	Misestimating time when changing speed of the outing; errors in low speed underestimate savings, and errors from high speed overestimate savings	If we double our slow speed over the same distance, we save less time than if we double our fast speed	Do the math rather than guess at what should make "complete sense"
A WELL-TRAVELED ROAD	Underestimating the time taken to travel a well-known route and overestimating the time it takes to travel an unfamiliar route	I've been there before, so it should take no time at all to reach camp. That's news to me; we may not get there until dark	Measure time/distance from objective sources, using maps and technology; memories can be highly inaccurate
CHOICE SUPPORTIVE	Remembering one's choice as better than it was	I've done this before and recall that the best way to do it is	Again, memories can be highly inaccurate, so temper this choice
CONFIRMATION	Searching for and interpreting information to confirm preconceptions	I like this information; it fits well with the plan, so I'll continue using it	Allow enough time to search for contradictory information and use it to reject conceptions
ILLUSORY CORRELATION	Inaccurately seeing a causal link between correlated events when the relationship is actually spurious	Summer ice cream sales cause swimming pool drownings; or is it the other way around?	Correlation does not imply causality; other trends can drive this
OUTCOME	Assessing decisions based on eventual outcome instead of the available data when the decision was made	It's obvious that I made a wrong choice; why didn't I think so before I made it?	Avoid the desire to appraise based on results, rather, remember to evaluate from existing data

*Adapted from: Priest, S., & Gass, M. (2018). Effective leadership in adventure programming: Field handbook, 3rd edition. Champaign, IL: Human Kinetics.*

**OUTDOOR ACTIVITIES,  
FROM PAGE 4**

stressful, ski down the road dropped me at the Lower Manning Trail junction, and I again knew where I was.

Fowler River was especially swollen, and there were two crossings to manage. I briefly scouted up and down the river in both cases before hurriedly deciding to cross.

The presence of open water in winter excursions is not alone a hazard, but crossing open water certainly is, and I felt the full weight of these decisions. I stayed dry during the first crossing but dunked one leg up to the calf during the second.

By this time, I had unclipped and began simply hiking. The Lower Manning is not a ski trail and is rooty, requiring scrambling even in summer. Snow and slick-bottomed boots made the ascent toward the lodge all the more vexing.

I finally arrived at my car around 9:35 a.m., hav-

ing already missed the start of the work meeting for which I would be plenty late. While this might be the end of the narrative, my morning still contained risk. People who are late to work tend to drive more recklessly, and I was no exception. Most incidents in outdoor adventure programming actually happen when driving, not when in the field. Luckily, a rather slow car in front of me helped remind me that I didn't need to take further unnecessary risks, and I arrived at my meeting safe, albeit late.

**Summary**

Mistakes happen. Risk is natural. Plan ahead.

When, not if, your winter outing does not go as planned, make sure you have the knowledge and skills to mitigate the changes. A ten-page expedition plan for every early-morning turn through the woods would be ridiculous, but a healthy awareness of risk and making decisions based on facts, rather than previous experiences that

disproportionately favor false information, will go a long way toward a safer, healthier and ultimately more fun outing.

Your level of planning should match the intensity of activity. Neither the absence nor presence of mistakes creates an incident. Rather, the interaction of an increasing number of mistakes combined with inadequate preparation leads from a near-miss to an incident. While my ski through the woods was ultimately incident-free, having the knowledge and skills to meet arising challenges was key.

Check out the list of decision-making biases on page 4. Each of them was at play to some degree in my hectic, early-morning ski. In addition, I left without the Ten Essentials in my trail running bag should something even more unexpected arise. Lastly, check out the list of tips and tricks to help you remember these items each time you depart. And have fun out there this winter!

<b>TIPS AND TRICKS FOR REMEMBERING TO PACK THE TEN ESSENTIALS</b>
Keep a checklist on a refrigerator or near the area you gather gear for an outing - this could be visual or textual
"Chunk" pieces of gear together in your planning, e.g. food and water, map and compass, knife and fire starters, etc.
Try assigning each piece of gear to a specific spot in your pack where you can always expect to find it
Planning an outing naturally helps your memory and packing process
Use the acronym FISH IN FERN for a systems approach: Fire, Insulation, Sun/weather, Hydration, Illumination, Nutrition, First aid, Emergency, Repair, and Navigation.
Get plenty of sleep: You will remember more!
If possible, keep a small "go-bag" ready, in a car or closet perhaps, that is fully stocked and prepared for a last-minute outing



## AMC NH Chapter Winter School

Winter is here, but there is no reason to stay inside as long as you are prepared. Are you? Learn how to go out and explore the NH wilds this winter safely and with confidence.

This year, the New Hampshire Chapter is again offering its popular Winter School to teach how to enjoy the outdoors safely and in relative comfort. This workshop offers instruction in safe winter mountain travel to experienced three-season hikers. Among the many available classes, almost every aspect of winter backcountry travel will be covered. The weekends are filled with instruction, field exercises, lectures and discussions. And when you are not learning, there is plenty of

great food to fuel you back up!

The Winter School workshop sessions are designed to teach you what you need to know for safe travel in the mountains in the Winter: what to wear, what to take,

how to use it, how to get there, how to get back and how to plan for the unexpected. Both workshops will offer the same curriculum, except as noted below. All sections include extensive time outdoors.

Choose from one of the following Winter School Workshops:

- Introduction to Winter Wilderness Travel
- Intermediate Snow Shoeing
- Advanced Winter Wilderness Travel
- Leadership and Mountain Skills
- Winter Backpacking
- Back Country Ski Touring 101
- Intermediate Back Country Ski Touring and
- Down Mountain Backcountry Skiing

There are plenty of courses to choose from! But hurry! There are limited slots available for **Session #1**: January 17-19, 2020, but there are more openings for



*Photo by: John McHugh. Winter School is not all hard work. There are good reasons to be outdoors in the winter!*

WINTER SCHOOL, TO PAGE 7



# Mountains & Sea

## AMC's August Camp 2020

### Olympic National Park

Enjoy both mountains and ocean at magnificent Olympic National Park. Hike, bike, paddle and more, visiting many stunning waterfalls and scenic vistas on dozens of activities led by trained AMC volunteers.

This million-acre park protects a vast wilderness, thousands of years of human history and several distinctly different ecosystems. These include glacier-capped mountains, old-growth temperate rain forests and more than 70 miles of wild coastline.

Camp just outside the park in Quilcene, WA. Arrive and enjoy the activities and camaraderie. Everything's provided: tents, hearty, delicious meals prepared by our staff; plus local transportation and a free shuttle from Seattle-Tacoma International Airport.

**July 18 through August 15.** Apply to attend for one of the four weeks. Detailed information, pricing and registration are available at [augustcamp.org](http://augustcamp.org). August Camp filled by mid-January last year, so don't miss out!

Online registration opens January 6, 2020 at 9 AM. All applications received between then and midnight on January 15 will be treated equally by random selection.

Week 1: July 18 — July 25

Week 2: July 25 — Aug. 1

Week 3: Aug. 1 — Aug. 8

Week 4: Aug. 8 — Aug. 15

**Each week:** \$975 for members, \$1175 for non-members

**Questions:** Please visit [augustcamp.org](http://augustcamp.org).



[augustcamp.org](http://augustcamp.org)

Photos by Janine Brancale and Lennie Steinmetz, August Camp 2016



# Annual Meeting Recap

BY: DEBBIE MARCUS

Ninety-two AMC Members and guests gathered for the New Hampshire Chapter Annual Meeting on Saturday, October 26, 2019 at the Grappone Conference Center in Concord, NH.

During the cocktail hour, members mingled, greeted old and new friends and considered and discussed which of raffle items to select. Each attendee received a raffle ticket but had to choose which of the over ten tempting prizes to bid on for a chance to win.

Following the meet and greet, everyone enjoyed a delicious buffet dinner as the program began for the evening. NH Chapter Chair, Rick Silverberg welcomed the crowd and reviewed the Chapter's accomplishments during 2019. He thanked the retiring Executive Committee members Wanda Rice and Beth Zimmer for their service and presented them with the Chapter's traditional gift of a striking framed White Mountains photograph by Paul Hopkins.

Chapter Vice Chair Jim Kent introduced the Nominating Committee, Dan Heon and John McHugh, who presented the slate of Officers and Committee Chairs for 2019-2020. All were nominated, seconded and elected to lead the Chapter in the year ahead. The officers

for the upcoming year are Rick Silverberg, Chair; Jim Kent, Vice Chair; Debbie Marcus, Secretary; and Kerry Landry, Treasurer.

Faith Salter, AMC Representative, gave a presentation about the wider Club initiatives and goals as we head toward the 150th year of AMC. Especially important are bringing diversity and inclusiveness to the forefront of AMC culture, as well as promoting the engagement of youth in the Outdoors.

Membership Chair Jamie Gillon welcomed our special guests, the 50-year and 25-year continuous Members. He presented each with a recognition award.

The raffle winners were announced and the niece of 50-year member Carl Quimby won the grand prize of a complimentary night's lodging at the AMC Lodge or Hut facility of her choice. Word spread that she will see that Carl has a chance to enjoy using that prize! Many thanks to AMC for donating this to the Chapter.

Programs Chair Debbie Marcus introduced the Keynote Speaker, New England Outdoors journalist and media personality Marty Basch. Marty informs and entertains outdoor lovers in New England and beyond through his syndicated columns, books, and articles. He is the winner of several national and regional

writing awards.

Marty has been bicycle touring since a teenager and has racked up thousands of miles in his journeys from Maine to Alaska, from Canada to Mexico, and many other places around the globe. Marty entertained the audience with his bicycle touring experiences, including a close encounter with a grizzly bear in Denali National Park. Members were especially intrigued by Marty's description of bike routes in New England, including a backroads route in Vermont traveling from the Canadian border to Massachusetts and a route crossing the state of New Hampshire. Informative, humorous and infectious, Marty Basch and his tales were a big hit!

Hats off to the following members who helped during the event:

• Frank Miller, Sam Jamke, Jamie Gillon and Sarah Herbert who helped with set up, decorations and registration of attendees and set up of the raffle table; and

• Jen Kimball and Christina Cozzens for greeting attendees and serving as runners for the raffle prize distribution.

Mark your calendars for the NH AMC'S 99th Annual Meeting on OCTOBER 24, 2020, featuring Keynote Speaker Ty Gagne, author of *Where You'll Find Me: Risk, Decisions, and the Last Climb of Kate Matrosova*.

## WINTER SCHOOL, FROM PAGE 5

**Session #2:** February 21-23, 2020. These sessions fill up fast. Don't be shut out.

The workshops will begin promptly at 7:30 p.m. Friday evening and end Sunday afternoon at approximately 4:30 p.m. This is a school for everyone who wants to learn and have a great time outdoors in the winter. Cost is \$180.00 (AMC members) and \$200.00 (non-members), and includes lodging, excellent meals, materials and instruction!

On-line Application:

Please apply via our on-line application to ensure the

accuracy and priority of your application. You may access the web app at <https://www.amc-nh.org/committee/excursions/index-winterworkshop.php>

You must be 18 years or older to attend the Winter School.

Workshop Director: Rick Silverberg [Synergyc@aol.com](mailto:Synergyc@aol.com) 603-225-5921

Co-Leader: Bob Humphrey 603-456-3708

If you are not sure which class is right for you, just give us a call and ask one of our Workshop Directors.

For more information, see the November/December 2019 *Mountain Passages*.

## AMC NH EXECUTIVE COMMITTEE

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## 'Mountain Passages' is only the beginning...

From hiking to biking, AMC's New Hampshire chapter has it all. Visit our website at [amc-nh.org](http://amc-nh.org) and read more about us and our many year-round events.



## AMC Adventure Travel: Peru

BY BETH ZIMMER

Beth Zimmer and Larry Yetter, two well-respected AMC New Hampshire hike leaders, will be leading an AMC Adventure Travel Trip to Peru in May 2021. During the trip, hikers can sample the highlights of Peru, from Machu Picchu to the Amazon Basin. The highlight of the trip will be a multi-day, high-altitude trek (porter supported) along the historic Inca Trail, bringing the group into one of the marvels of the world and Inca civilization, Machu Picchu!

Prior to the trek, and as folks acclimatize to the high altitude, participants will explore Cusco's markets, ruins, colonial churches and unique textile

organizations. After a four-day Inca Trail trek and two-day visit in Machu Picchu, including a climb of renowned Huayna Picchu, the group will travel to the Amazon basin where they will explore fauna and flora while staying in a comfortable lodge.

Sound interesting? For more information, contact Beth Zimmer at [btzimir@gmail.com](mailto:btzimir@gmail.com), or Larry Yetter at [yetter95@gmail.com](mailto:yetter95@gmail.com), or view the trip prospectus at <https://activities.outdoors.org/search/index.cfm/action/details/id/115703>

Look for a report of the trip in a future edition of Mountain Passages.



*Machu Picchu.*