## Intro to Trailwork Gear List AMC-NH Spring School May 1 – 3, 2020

## A <u>Supplement</u> to the Regular List

See your registration packet for other required gear

**EXTRA PROTECTION AGAINST FLYING INSECTS:** Under most circumstances, strongly recommended! Walking while hiking helps avoid some bugs, but you'll often be stationary doing trailwork.

**TICK PROTECTION:** Required, preferably permethrin-based rather than DEET or picariden. You can spray gaiters and pants with insect repellent.

**GAITERS:** Strongly recommended. Calf high is best.

**LONG PANTS:** Very strongly recommended. Assume mud – work pants are OK, weather permitting.

**LONG SLEEVE SHIRT:** Preferable to short sleeve.

**MID HEIGHT BOOTS:** Full leather strongly preferred. Trail shoes, sneakers, or sandals are not acceptable.

**WORK GLOVES:** Optional, can be borrowed for class. Do not get cheap gardening gloves, as they will fall apart.

**WATER CONTAINERS:** The lodge has plenty of potable water and most of the time we will be quite near the lodge. Bottles are usually more convenient than Camelback-style reservoirs because your pack will often be off.

**STURDY PACK:** Some tools you can hand carry, some you will want to carry on your back. Book bag packs are not acceptable.

**EXTRA STRAPS OR LASHING:** Nylon webbing is good. Rope and bungees are not acceptable.

**TREKKING POLES** are less useful in this context. You will be carrying more weight in your pack than usual, and should probably keep your hands free to carry and use tools. Bring poles if you truly need them.

DO NOT BRING YOUR OWN **TRAILWORK TOOLS** WITHOUT CONSULTING THE INSTRUCTORS BEFOREHAND. We will have more than enough to go around.

Be prepared to spend most of Saturday and Sunday outside, on the trails, wet weather or dry.