**AMC NH Chapter Lodge Needs**

**for**

**Winter & Spring Workshops**

In order to keep costs of our workshops reasonable we ask workshop participants to bring the following items for their comfort while spending time in a warm heated lodge.

* The lodge will supply pillows and pillow cases sheets and blankets , sleeping bags are optional in the lodge , they are need for backpacking group.
* Toiletry items: shampoo, soap, toothbrush, toothpaste etc.
* Towel(s)
* Comfortable lounging cloths (can be cotton)
* Comfortable footwear
* Snack food (if desired)
* Water bottle (if desired)
* Coffee mug (if desired)
* Pajama’s and/or robe for modesty (if desired)

**Lodge Amenities:**

* We have 2 large refrigerators for participant use
* There are large Male and Female bathrooms with showers.
* Bunk rooms are co-ed and hold between 3 and 6 people. All bunk rooms have bunk beds. If you want a bottom bunk get to the workshop early; meaning before 6 PM.
* The bunk rooms are heated. **NOTE:** You may want to bring ear plugs.
* There is a “Boot Room” for storing skis, boots, poles, snowshoes etc.
* We have a micro wave oven you can use to heat any items that need heating.
* We will supply water, coffee, Tea, and hot coco. If you want some other type of beverage please bring it. If it needs refrigeration we have the refrigerators.
* Please bring a lunch for Saturday. If it contains items that need refrigeration again we have refrigerators.
* Please note we do not serve dinner on Friday night! Either eat before getting to the lodge or bring something with you. Almost any type of takeout food will work fairly well. You can reheat it in the micro wave if necessary.
* **NOTE:** There is no cell phone reception and very limited wi-fi service at the lodge. If you need to be contacted in case of an emergency the land line number for Cardigan Lodge is 603-744-8011. March 2024